

## Meal Preparer

### Position Summary

This position will prepare nutritious meals for at-risk youth participating in SE Works' GED program. The Meal Preparer will be essential to providing students with the nutrition they need during the school day. While preparing meals, this position may also mentor youth in how to prepare nutritious meals on a budget.

### Qualifications

- Food handler's card (or ability to obtain it prior to beginning service)
- Knowledge of basic cooking and food preparation
- At least 18 years of age
- A high school degree or GED
- Able to pass a background check (with proof of identification)
- Comfortable working with youth; patience

### Responsibilities

- Complete volunteer orientation
- Prepare meals for youth participating in GED classes
- Comply with Oregon Department of Education (ODE) standards for food preparation and portioning
- Mentor youth in how to prepare nutritious meals on a budget

### Time Commitment

At least two hours per week, 8-10 hours a month. Mondays-Thursdays.